

YEAR  
**3**

# Our Prayers

Prayer develops our inner self

## THE SIGN OF THE CROSS

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.  
Amen.

Prayer develops our relationship with God

## GRACE BEFORE MEALS

Let all your works praise you, O Lord.  
R. Let all your people bless you.  
Bless us, O Lord, and these your gifts  
which we are about to receive from  
your goodness.  
Through Christ our Lord.  
R. Amen.

## GRACE AFTER MEALS

Let all your works praise you, O Lord.  
R. Let all your people bless you.  
We give you thanks for all your gifts,  
almighty God,  
Living and reigning now  
and for ever.  
R. Amen.

Prayer is part of the spiritual life of the child  
We learn to pray by praying



## THE HAIL MARY

Hail Mary, full of grace,  
the Lord is with you;  
Blessed are you among women,  
and blessed is the fruit  
of your womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour  
of our death.  
Amen.

## CONFITEOR

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned  
in my thoughts and in my words,  
in what I have done and in what  
I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary  
ever-Virgin,  
all the Angels and Saints,  
and you my brothers and sisters,  
to pray for me to the Lord our God.  
Amen.

Prayer develops our relationship with the environment

## GLORY BE

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning, is now,  
and will be forever,  
Amen.

## THE LORD'S PRAYER

Our Father, who art in Heaven,  
hallowed be Thy name;  
Thy kingdom come, Thy will be done  
on earth, as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation  
but deliver us from evil.  
Amen.

## SHORT ACT OF CONTRITION

O my God, I am sorry  
that I have sinned against you,  
because you are so good,  
and with your help  
I will not sin again.

## PRAYERS TO BE COMMITTED TO MEMORY YEARS K-6



The prayers listed above in the continuum are the minimum number of prayers required to be committed to memory by the primary student.

YEAR  
**4**

# Our Prayers

Prayer develops our relationship with God

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hour of our death.  
Amen.

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Amen.

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We learn to pray by praying



### THE ANGELUS

The Angel of the Lord spoke God's  
message to Mary,

**R. And she conceived of the Holy Spirit.**

Hail Mary, full of grace, the Lord is with you;  
blessed are you among women and blessed  
is the fruit of your womb, Jesus. Holy Mary,  
Mother of God, pray for us sinners, now and  
at the hour of our death. Amen.

*I am the lowly servant of the Lord:*

**R. Let it be done to me according to your word.**

Hail Mary, full of grace, the Lord is with you;  
blessed are you among women and blessed  
is the fruit of your womb, Jesus. Holy Mary,  
Mother of God, pray for us sinners, now and  
at the hour of our death. Amen.

*And the Word became flesh,*

**R. And lived among us.**

Hail Mary, full of grace, the Lord is with you;  
blessed are you among women and blessed  
is the fruit of your womb, Jesus. Holy Mary,  
Mother of God, pray for us sinners, now and  
at the hour of our death. Amen.

*Pray for us, holy Mother of God,*

**R. That we may become worthy of the  
promises of Christ.**

### LET US PRAY

Lord fill our hearts with your grace; once,  
through the message of an angel you revealed  
to us the incarnation of your Son; now, through  
his suffering and death lead us to the glory of  
his resurrection. We ask this through Christ our  
Lord. Amen.

Prayer develops our relationship with the environment

### GRACE AFTER MEALS

Let all your works praise you, O Lord.

**R. Let all your people bless you.**

We give you thanks for all your gifts,  
almighty God,

Living and reigning now  
and for ever.

**R. Amen.**

### GLORY BE

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now,  
and will be forever,  
Amen.

### GRACE BEFORE MEALS

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gifts which we are about to receive  
from your goodness.

Through Christ our Lord.

**R. Amen.**

## PRAYERS TO BE COMMITTED TO MEMORY YEARS K-6

KINDERGARTEN  
THE SIGN OF THE CROSS  
GRACE BEFORE  
AND AFTER MEALS

YEAR ONE  
THE HAIL MARY  
PRAYERS FROM K

YEAR TWO  
THE LORD'S PRAYER  
SHORT ACT OF  
CONTRITION  
PRAYERS FROM  
K-1

YEAR THREE  
CONFITEOR  
AMEN  
GLORY BE  
PRAYERS FROM  
K-2

YEAR FOUR  
THE ANGELUS  
PRAYERS FROM  
K-3

YEAR FIVE  
THE APOSTLES' CREED  
PRAYERS FROM  
K-4

YEAR SIX  
THE NICENE CREED  
PRAYERS FROM  
K-5

The prayers listed above in the continuum are the minimum number of prayers required to be committed to memory by the primary student.

YEAR  
**5**

# Our Prayers

Prayer develops our relationship with God

### THE ANGELUS

*The Angel of the Lord spoke God's message to Mary,*

**R. And she conceived of the Holy Spirit.**

Hail Mary, full of grace, the Lord is with you; blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*I am the lowly servant of the Lord:*

**R. Let it be done to me according to your word.**

Hail Mary, full of grace, the Lord is with you; blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*And the Word became flesh,*

**R. And lived among us.**

Hail Mary, full of grace, the Lord is with you; blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

*Pray for us, holy Mother of God,*

**R. That we may become worthy of the promises of Christ.**

### LET US PRAY

Lord fill our hearts with your grace; once, through the message of an angel you revealed to us the incarnation of your Son; now, through his suffering and death lead us to the glory of his resurrection. We ask this through Christ our Lord. Amen.

### THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### THE HAIL MARY

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### GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever, Amen.

Prayer develops our inner self

### THE LORD'S PRAYER

Our Father, who art in Heaven, hallowed be Thy name; Thy kingdom come, Thy will be done on earth, as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. Amen.

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Prayer develops our relationship with the environment

### THE APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### GRACE BEFORE MEALS

Let all your works praise you, O Lord. **R. Let all your people bless you.** Bless us, O Lord, and these your gifts which we are about to receive from your goodness. Through Christ our Lord. **R. Amen.**

### GRACE AFTER MEALS

Let all your works praise you, O Lord. **R. Let all your people bless you.** We give you thanks for all your gifts, almighty God, Living and reigning now and for ever. **R. Amen.**

### SHORT ACT OF CONTRITION

O my God, I am sorry that I have sinned against you, because you are so good, and with your help I will not sin again.

## PRAYERS TO BE COMMITTED TO MEMORY YEARS K-6

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GRACE BEFORE AND AFTER MEALS

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PRAYERS FROM K-4

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THE NICENE CREED  
PRAYERS FROM K-5

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# YEAR 6

# Our Prayers

Prayer develops our relationship with God

## THE NICENE CREED

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

*At the words that follow, up to and including became man, all bow*

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic, and apostolic Church. I confess one baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

## GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever, Amen.

## THE HAIL MARY

Hail Mary, full of grace, the Lord is with you; Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## THE LORD'S PRAYER

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